

Monday

Sporty Challenge 1: Core

Plank for as long as possible

Non Sporty Challenge:

Create a healthy snack





Sporty Challenge 2: Throwing

Bottle flip! How many times can you land a 1/4 filled water bottle.

Tweet your videos/pictures to @Meole_Primary or email your class teacher

Remember to state which house you are in. 5 points per entry per child 10 points to the top 3 in each year group

